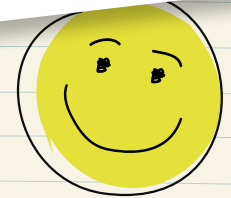


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HAT'S FOR LUNCH THIS SPRING...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Assured Eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/kcc
email: info@caterlinktd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards.**

We hope your child enjoys our new menus.



www.mycaterlink.co.uk/kcc

Please visit the website for current updates

FRESH
+
HEALTHY
=
TASTY



ALLERGY INFORMATION:

If your child has an allergy or intolerance please speak to your child's school or the Cook Manager on site for information.

Forms available through our website or via the school.

Universal infant Free School Meals

Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of income. However you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

Free School Meals

Low Income - Are you missing out? to check if you are entitled to Free School Meal entitlement ask at your school office.



ONE

7 Jan, 28 Jan,
25 Feb, 18 March

TWO

14 Jan, 4 Feb,
4 Mar, 25 Mar

THREE

21 Jan, 11 Feb,
11 Mar, 1 Apr

AVAILABLE
EVERY DAY...

Bread

freshly baked on site daily

Daily salad selection

there will be a selection of salad items available daily

Fresh Fruit & Yoghurt


available daily


WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards

We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

 Vegetarian option

 Oily fish

 Marine Stewardship Council details
Web: www.msc.org
Chain of Custody
Registration Code
MML - C 1009

Sausage & Mash with Gravy
Vegetable Wholemeal Pasta Bake
Sweetcorn & Green Beans
Apple & Strawberry Strudel
with Custard
Yoghurt / Fresh Fruit

Macaroni Pastitsio
Wholemeal Spinach & Tomato Quiche
with New Potatoes
Coleslaw & Peas
Pear Crumble & Custard
Yoghurt / Fresh Fruit

Roast Pork Loin
with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy
Carrot & Swede Mash
Oaty Cookie
Yoghurt / Fresh Fruit

Chicken Arribiata Pasta Bake
Soya Mince & Vegetable Stir Fry
with Noodles
Sweetcorn & Mixed Peppers
Pineapple Upside Down Cake
with Custard
Yoghurt / Fresh Fruit

MSC Breaded Fish with Chips & Tomato Sauce
Glamorgan Sausage with Chips
Baked Beans & Garden Peas
Yoghurt / Fruit Station



Hot Dogs with Homemade Tomato Sauce & Homemade Jacket Wedges
Quorn Mince Vegetarian Chilli
with Rice

Baked Beans & Sweetcorn
Chocolate Shortbread
Yoghurt / Fresh Fruit

Chicken & Sweetcorn Puff Pastry Pie
with New Potatoes & Gravy
Lentil & Vegetable Curry with Rice

Broccoli & Sliced Carrots
Banana Sponge & Custard,
Yoghurt / Fresh Fruit

Roast Turkey with Roast Potatoes & Gravy
Cheese & Pepper Whirl
with Roast Potatoes
Medley of Vegetables
Apple, Cheese & Biscuits
Yoghurt / Fresh Fruit

Spaghetti Bolognese
Quorn & Mixed Bean Cassoulet
with Mash Potato
Peppers & Sweetcorn
Wholemeal Mixed Fruit Crumble & Custard
Yoghurt / Fresh Fruit



MSC Battered Fish with Chips & Tomato Sauce
Cheese Tomato & Spinach Frittata
with Chips
Baked Beans & Garden Peas
Yoghurt / Fruit Station

Wholemeal BBQ Chicken Pizza
with Potato Wedges
Quorn Sausages in a Hot Dog Roll
with Potato Wedges

Sweetcorn & Mixed Salad
Oaty Peach Crumble & Custard
Yoghurt / Fresh Fruit

Beef & Vegetable Hotpot
with Sliced Potatoes
Creamy Broccoli Pasta Bake

Green Beans & Carrots
Lemon & Mixed Berry Cake
Yoghurt / Fresh Fruit

Roast Chicken & Stuffing
with Roast Potatoes & Gravy
Spiced Vegetable, Chickpea & Soya
Pattie with Roast Potatoes & Gravy
Broccoli & Cauliflower
Mandarins & Ice Cream
(Vanilla Shortbread for Dining Centres
Yoghurt / Fresh Fruit

Beef Tortilla Stack & Rice
Vegetable & Apricot Tagine
with Couscous

Vegetable Medley
Chocolate & Mandarin Brownie
Yoghurt / Fresh Fruit

MSC Salmon Fish Fingers
with Chips & Tomato Sauce
Wholemeal Cheese & Tomato Pizza
with Chips
Baked Beans & Garden Peas
Yoghurt / Fruit Station



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY